

# April 2018

Treatment Works!  
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Visit EmberWood Center's Website

<http://emberwoodcenter.org/>

## About EmberWood Center

Formerly named *Community Addiction Services of Indiana*, or *CASI*, EmberWood Center offers adult and adolescent outpatient drug, alcohol, and gambling treatment and positive youth-development services designed to prevent substance abuse. Our administrative and therapeutic staff are dedicated to providing education and resources on addiction, an issue that affects people from all walks of life.

### Adolescent Treatment

EmberWood Center has been recognized as a leader in understanding the unique needs of adolescents facing substance abuse issues.

### Did you know EWC Provides Gambling Treatment?

### Contact Us

317-536-7100

[ewc@emberwoodcenter.org](mailto:ewc@emberwoodcenter.org)

### Staff Extensions

Rhonda Battles (Counselor)

Jill Arland (Counselor)

Toscha Wilkins (Counselor)

Emma Jackson (Case manager) Ext 1125

Damaris Franco (Spanish speaking counselor) Ext 1133

Sharron Mason (Counselor) Ext 1130

Lori Goins (Executive Director) Ext 1118

Marla Greenway (HR Director/Operations Manager)  
Ext 1114

Bessie Smith (Data Entry Specialist) Ext 1117

Raquel Knight (Customer Service) Ext 1100

*Se habla español*

1431 N Delaware St.  
Indianapolis, IN 46202



## Parents using opioids put unborn children at risk

Hoosier children whose parents abuse opioids are more likely to experience abuse or neglect than other children, according to the Indiana Youth Institute briefing on the state's opioid crisis.

Research shows a clear connection between parents' substance abuse and child maltreatment, and the impact of substance abuse is growing.

In cases where a child was removed from their home, parental substance abuse was a primary factor in more than half (52.2 percent) of removals in 2016, up from less than a third (31.7 percent) of removals in 2013, according to the briefing.

Indiana has also seen an influx of children in foster care, with the number of children in care up 50.2 percent from 2012 to 2015, an increase often attributed to drug addiction epidemics.

Indiana's youngest children are affected by Indiana's opioid epidemic before they are even born. Babies born to women who use opioids during pregnancy are at increased risk for poor fetal growth, preterm birth, congenital heart defects, and problems with brain and spinal development.

Infants may also experience opioid withdrawal at birth, known as neonatal abstinence syndrome (NAS). During pregnancy, opioids and other substances are passed along to the baby, who may become dependent on opioids along with the mother.

## EmberWood offers treatment solutions for drugs, alcohol and gambling

EmberWood Center offers three levels of drug/alcohol outpatient treatment services for adults: educational services (Level .5), outpatient treatment services (Level 1), and intensive outpatient treatment services (Level 2). A level .5 Gambling Program is also available for those clients who are in need of gambling treatment services. Clinicians assess each new client to determine appropriate placement.

The first component of our drug/alcohol and gambling outpatient treatment programs consist of the intake/orientation and assessment sessions. During these sessions, clients learn about the program, services, their individual rights and their responsibilities as participants.

Each program component includes a treatment planning session during which the client and EmberWood Center staff negotiate a strategy or plan for addressing the person's needs. The service plan may consist of a mix of individual sessions and groups. We encourage clients to learn about and participate in self-help groups along with the outpatient services that are provided by EmberWood Center.

Educational services (drug/alcohol) consist of a treatment planning session, 12 weekly group sessions over the course of approximately three months, random urine drug screens, one or two

individual/family sessions, and an exit interview that includes discharge planning.

Outpatient treatment services (drug/alcohol) consist of a treatment planning session, two group sessions per week for 12 weeks, three to five individual/family sessions, random drug screens, and an exit interview that includes discharge planning.

The intensive outpatient program (drug/alcohol) includes a treatment planning session, groups three times per week for eight weeks and two times a week for the second eight weeks, three to five individual/family counseling sessions, random urine drug screens, development of a continuing care program, and a discharge planning session.

The gambling program consists of a treatment planning session, 12 weekly individual sessions over the course of approximately three months, random urine drug screens, one or two individual/family sessions if needed, and an exit interview that includes discharge planning.

Some individuals may not participate in all of the services described. We offer relapse prevention services for individuals who have been through a treatment program with us or elsewhere and just need a little support and reinforcement. Our doors are open from 9 a.m. to 8 p.m., providing daytime and evening hours to accommodate various schedules.