



Community Addiction Services of Indiana, Inc.

A Year of Reflection, Planning & Service

Annual Report

Fiscal Year 2008

July 1, 2007 through June 30, 2008

CASI Board Members

Board Members

Anthony Ware
Beth Henkel
Brian Steuerwald, Ph.D, HSPP
Ersal Ozdemir
John Brandon
Samantha Meadows
Shaun K. Hawkins
Taryn Smith
William (Billy) W. White, Jr.

Leadership United Board Interns

Abed Darwish
Jeremy Riley RT/RSPGT

CASI Staff Members

Leadership Team

Vincent G. Failla, President
John Drake, Chief Financial Officer
Twilla Brohman, Vice President
Tonya Montgomery, Office Manager

Amanda Slaten, Adolescent Team Leader	Bessie Gilbert, Data Specialist
Betricka Howard, Receptionist	Bryan Overbey, Adolescent Case Aide
Holly Pittman, Clinical Director	Janet Harvey, Addictions Counselor
John Drake, CFO	John Wright, Confidence Club
Julie Struble, Project Manager	Keith Sneed, Addictions Counselor
Lance Brown, Addictions Counselor	Raquel Knight, Receptionist
Rose Snider, Adolescent Counselor	Steven Chen, Quality Assurance
Susana Wilson, Addictions Counselor	Tanya Peters-Gaus, Adolescent Counselor

Letter from the President ...

During fiscal year July 2007/June 2008, CASI/EWC staff moved forward full-throttle into year three and the action phase of our capacity-building initiative. We received grants from Lilly Endowment Inc., The Indianapolis Foundation, United Way of Central Indiana, and the Not For Profit Training Center to plan and implement improvements in strategic planning, fund development, and technology.



As part of the Not For Profit Training Center's capacity-building initiative, our staff worked with the Board of Directors to write a three-year strategic plan, and a plan to develop new funding sources. A grant from the United Way of Central Indiana Technology Fund allowed our organization to replace an antiquated phone and voice mail system. To further improve efficiency, data security, and inter-office communication, Lilly Endowment provided a technology grant to upgrade the computer server and bring email capacity in house. Along with the technological enhancements, the Endowment provided funding for CASI to hire a marketing firm to guide us through an organization name and logo change, aimed at increasing our profile among city and state service providers and increasing volunteer and donor opportunities.

A major focus of the capacity-building initiative has been on recruiting new Board members to fill key roles in the organization. We are tapping into the talents of Board members and drawing on their experience and skills to become more business-savvy. As a result, for example, Board members are now hosting monthly *point-of-entry* meetings to introduce more people to CASI and our important services on the near Eastside. Assuring active Board involvement will be a fixture for our organization as we continue to strengthen our position as a viable and sustainable community asset.

These capacity-building activities will ensure our ability to continue carrying out our mission of promoting "growth, respect and integrity by providing affordable, accessible, community-based services for individuals and families dealing with addiction issues, including education, prevention, advocacy and counseling." In the last fiscal year, we provided services to more than 550 individuals and families in the Indianapolis area. Our committed and dedicated staff continue to address the ever-increasing demand for services, ranging from prevention to intensive outpatient addictions treatment.

At the close of this productive year, we look to 2009 with great enthusiasm. Our strategic planning and fund development processes will continue to be refined, with full and successful implementation on the horizon. In the spirit and practice of community partnership, we have been able to serve the near eastside of Indianapolis for 29 years, steadily growing and improving. We hope to remain an integral part of central Indiana's nonprofit service-provider community as we celebrate the 30-year mark and beyond.

Sincerely,

Vincent G. Failla,

President

Outpatient Treatment Programming

CASI provides substance abuse services to individuals between 11 and 75 years of age and their families. Our services are evidence-based and best practices and are designed to engage clients and their families in treatment and the recovery process.

We have specialized programming for men, women, and adolescents, as well as Spanish-speaking individuals. In addition to substance abuse, we are certified to treat gambling addictions. Our goals are to help clients reduce the impact alcohol and other drug use has on their lives and to learn to lead healthy physical and emotional lives. With family involvement, our clients are much more likely to change behaviors and improve their relationship skills.

Individuals who enter our treatment program start with an in depth assessment to determine which services are needed and if we are the most appropriate agency to provide those services. We determine where a person is in their readiness to change and utilize motivational interviewing methods to engage them in the change process.

Once we determine that CASI is the right choice for them, we develop a negotiated treatment plan. We engage the individual and family where appropriate by helping them to determine the specific goals they want out of treatment. Based on our staff's expertise and assessment, we recommend a mix of individual, family and group counseling services to address the identified needs. Staff and the client then sign a treatment plan that meets the needs of the individual and family.

The adolescent program consists of components of the Cannabis Youth Treatment model program developed by the Substance Abuse and Mental Health Services Administration (SAMHSA), which relies heavily on motivational interviewing and enhancement and on cognitive behavioral approaches. Depending on the level of treatment, a young person and his or her family may meet with us for as few as eight sessions or as many as 24 weeks.

In the adult program, we utilize two highly effective evidence-based models - Living in Balance (LIB) and the Matrix. Adult programs last from 12 weeks to 24 weeks, depending on the level of programming needed to assist the individual in dealing with their substance use disorder. We encourage participation in self-help programs such as Alcoholics Anonymous, Narcotics Anonymous and Al-anon for family members.

Prevention Programming

In 1979 we laid the ground work for innovative alcohol and other drug abuse prevention programming with the launch of our alternatives approach to working with adolescents. Today the Confidence Club continues that tradition. The Confidence Club uses the Korean martial art of Tae Kwon Do as a low-cost alternative approach that gives parents and children alike the opportunity to learn effective solutions for dealing with issues they face in today's society. Our approach fosters developmental assets that help young people become healthy young adults. Both parents and children learn the philosophy of the martial arts (respect, self-confidence, goal attainment, belonging, physical fitness, and healthy life choices).



Substance abuse, and gang/violence prevention is an integral part of the message presented several times each week in classes at the Club or at various schools and community center sites throughout Marion County.

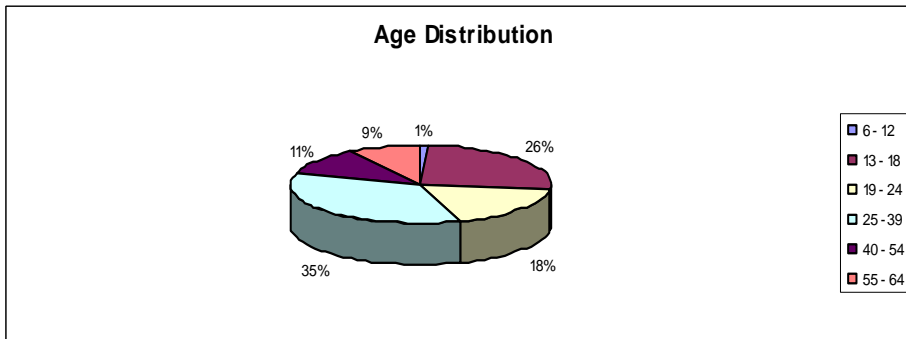
Practicing Tae Kwon Do and its philosophy is proven to be an effective tool in making a positive difference in the lives of young people. Class participation helps motivate the participants to make reasonable decisions about their lives that include saying no to alcohol and drug use. Family involvement is an important component of the program. Parents are involved in various club and supportive activities, such as fund raising, supervising trips, and tournaments.

“There’ve been times I’ve been frustrated with myself, but if you can work past that, then you’ll know it’s [Tae Kwon Do] always going to be a part of your life. It’s a sport that permeates every part of your life, like learning self-control, self-discipline and how to achieve goals. It has impacted my schooling.” Confidence Club Participant

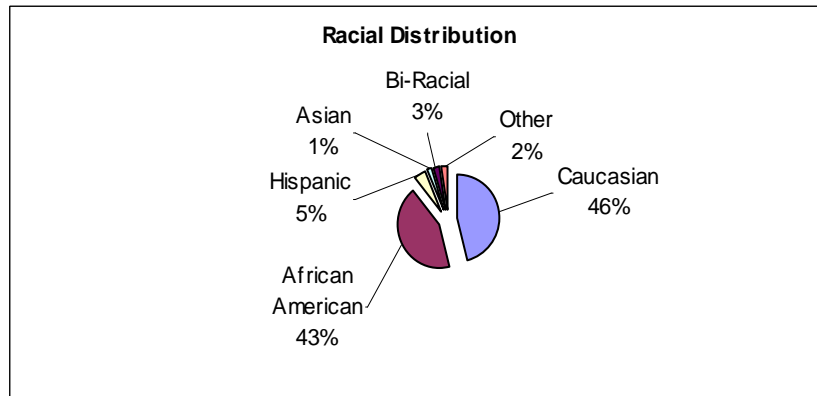
“Desire is the key to motivation, but it’s the determination and commitment to an unrelenting pursuit of your goal – a commitment to excellence – that will enable you to attain the success you seek.”

Mario Andretti

Demographic Distribution of Clients Served

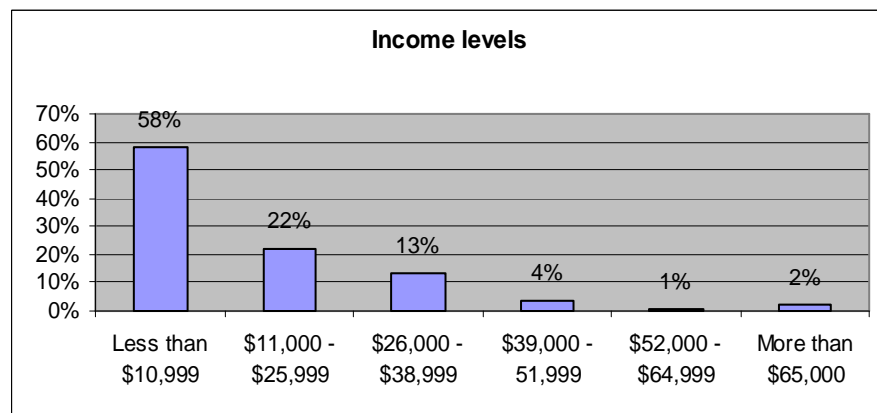


Gender
 58% Male
 42% Female



Disabilities
 13% of clients have disabilities, including being blind, deaf, developmental delays, emotional/behavioral, mental and other physical disabilities.

Medical Coverage
 31% Medicaid
 1% Medicare
 3% Other Coverage
 8% Private Insurance
 No Medical Coverage
 57%



Outcome Measures

88% of the adults completing treatment at CASI have reduced criminal justice involvement at time of discharge.

79% of adolescents completing our treatment program are enrolled in an educational program or are working.

93% of adolescents completing treatment programs at CASI have reduced criminal justice involvement at time of discharge.

95% of adults completing treatment at CASI report increased stability in their life at time of discharge.

88% of adolescents and 95% of adults completing CASI treatment programs are alcohol and drug free or have reduced their use of alcohol and other drugs at discharge.

**Treatment
Works!
Support It.**

COMMUNITY ADDICTION SERVICES OF INDIANA, INC.

STATEMENT OF FINANCIAL POSITION

June 30, 2008 and 2007

	<u>2008</u>	<u>2007</u>
<u>ASSETS</u>		
CURRENT ASSETS		
Cash and cash equivalents	\$ 145,281	\$ 12,833
Accounts receivable, net of allowance for doubtful accounts of \$6,000 and \$3,000 for 6/30/08 and 2007	\$ 72,071	\$ 145,457
Prepaid expenses	<u>13,735</u>	<u>21,499</u>
TOTAL CURRENT ASSETS	231,087	179,789
PROPERTY AND EQUIPMENT		
Furniture and office equipment	109,524	92,969
Vehicles	22,495	22,495
Other equipment	1,875	1,875
Less accumulated depreciation	<u>(113,533)</u>	<u>(107,927)</u>
TOTAL PROPERTY & EQUIPMENT	<u>20,361</u>	<u>9,412</u>
TOTAL CURRENT ASSETS	\$ 251,488	\$ 189,201
<u>LIABILITIES AND NET ASSETS</u>		
CURRENT LIABILITIES		
Accounts payable	\$ 73,270	\$ 35,145
Current maturities of long-term debt	10,564	9,973
Accrued payroll and related taxes	<u>13,245</u>	<u>17,784</u>
TOTAL CURRENT LIABILITIES	97,079	62,902
LONG-TERM DEBT	<u>13,232</u>	<u>23,657</u>
TOTAL LIABILITIES	110,311	62,902
NET ASSETS		
Unrestricted	88,269	102,642
Temporarily restricted	<u>52,868</u>	<u>-</u>
TOTAL NET ASSETS	<u>141,137</u>	<u>102,642</u>
TOTAL LIABILITIES AND NET ASSETS	\$ <u>251,448</u>	\$ <u>189,201</u>

COMMUNITY ADDICTION SERVICES OF INDIANA, INC.
STATEMENTS OF ACTIVITIES AND CHANGES IN UNRESTRICTED NET ASSETS
For the Year Ended June 30, 2008

	Unrestricted	Temporarily Restricted	Total
REVENUES			
DMH managed care	\$ 66,465	\$ -	\$ 666,465
United Way Agency	88,498	-	88,497
Fee for service - counties	132,317	-	132,317
Fee for service - other	34,218	-	34,218
Participant fees	190	-	190
Medicaid	4,216	-	4,216
Indiana Administrative Outreach	126,959	-	126,959
General Grants	39,131	68,000	39,131
Other	649	-	649
Fundraising	(282)	-	(282)
Interest Income	71	-	71
Net assets released from restrictions	<u>15,132</u>	<u>(15,132)</u>	<u>-</u>
TOTAL REVENUES	1,107,563	52,868	1,160,431
EXPENSES			
General program services	907,935	-	907,135
General and administrative	147,798	-	147,798
Fundraising	<u>66,203</u>	<u>-</u>	<u>66,203</u>
TOTAL EXPENSES	<u>1,121,936</u>	<u>-</u>	<u>1,121,936</u>
CHANGES IN NET ASSETS	(14,373)	52,868	38,495
NET ASSETS - BEGINNING OF YEAR	<u>102,642</u>	<u>-</u>	<u>102,642</u>
NET ASSETS - END OF YEAR	\$ <u>88,269</u>	<u>52,868</u>	<u>141,137</u>

[Beyond the Numbers](#)

Cindy sought help from CASI after experiencing continued family relationship problems. Cindy's teenage children all had numerous legal problems and her daughter kept running away from home. Although Cindy received help from several different organizations, one theme that continued to surface was Cindy's alcohol use.

At CASI, Cindy received outpatient treatment for her own alcohol dependence. She recognized that she was using alcohol to cope with previous traumatic experiences in her life. She also identified that she was sabotaging her family's future with her alcohol consumption.

Cindy entered CASI and successfully completed her treatment program. She agreed to alternative care situations for her children that would strengthen them as individuals. CASI counselors helped Cindy to identify and begin working on future goals for herself. Today, Cindy is no longer using alcohol, she is taking computer classes, and she will soon be ready for job-placement services. She is optimistic about her future and her family is positive about what the future holds for them, as well.

COMMUNITY ADDICTION SERVICES OF INDIANA, INC.

STATEMENTS OF ACTIVITIES AND CHANGES IN UNRESTRICTED NET ASSETS

For the Year Ended June 30, 2007

	Total
REVENUES	
DMH managed care	\$ 915,656
United Way Agency	114,108
Fee for service - counties	230,812
Participant fees	67,166
Medicaid	13,341
Indiana Administrative Outreach	7,616
General Grants	116,695
Other	2,947
Fundraising	13,595
Interest Income	<u>252</u>
TOTAL REVENUES	\$1,499,373
EXPENSES	
General program services	\$1,166,666
General and administrative	102,119
Fundraising	<u>68,301</u>
TOTAL EXPENSES	\$1,337,086
CHANGES IN UNRESTRICTED NET ASSETS	162,287
UNRESTRICTED NET ASSETS (DEFICIT) - BEGINNING OF YEAR	
Prior Period Adjustment	(41,618)
	(18,027)
UNRESTRICTED NET ASSETS (DEFICIT) - BEGINNING OF YEAR as restated	
UNRESTRICTED NET ASSETS - END OF YEAR	\$ 102,642

Individual Donors*

Anne Boleman
Anthony Ware
Betricka Howard
Billy White
Camille Brugh
Charles Kaki
Debra Rowe
Douglas Grasso
Dracina Will
Dwight Burlingame
Ersal Ozdemir
Ethel Gaines
Heather Wilson
Intecare, Inc.
Interactive Intelligence, Inc. Anonymous
IUPUI -Administrative Affairs - Anonymous
IUPUI Part-Time Employees - Anonymous
Joby Carmody
Joseph Buergler
Julie Struble
Laura Riggs
Mary J. Key-Bible
Mickey's Camp - Mauer Family Foundation
Nancy Ann Lerch-Pandolfo
Nordstrom, Inc - Anonymous
Patricia McNulty
Patricia Otten
Rebecca Harden
Rolls-Royce - Anonymous
Sallie Mae, Inc. and Sallie Mae Fund - Anonymous
Samantha Meadows
Shaun Hawkins
St. Vincent Womens Hospital - Anonymous
Terry Payton
Tonya Montgomery
Troy Cothron
William Scanlon

* In alphabetical order. Includes direct donors and those donating through United Way payroll deduction.

Revenue Sources

The Hoosier Assurance Plan
United Way of Central Indiana
Marion County Office of Family and Children
Drug Free Marion County
Indianapolis Foundation
Individual Donors
Lilly Endowment Inc.
Fund Raising
Medicaid
Fees

Mission Statement

Community Addiction Services of Indiana, Inc. is a not-for-profit organization committed to providing quality services for addicted individuals and their families in our community. We promote growth, re-

Community Addiction Services of Indiana, Inc. (CASI)
1125 Brookside Avenue, Suite I
Indianapolis, Indiana 46202
Telephone 317.536.7100
Fax 317.536.7101
www.communityaddictionservices.org

